

RECOMMENDATIONS

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
INFOCEUTICALS																													
Night	3	3	3	6	6	6	9	9	9	15	15	15	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28
ED5 - Circulation	3	3	3	6	6	6	9	9	9	15	15	15	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28
ES5 - Auto-Immune	3	3	3	6	6	6	9	9	9	15	15	15	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28
ES7 - Muscle	3	3	3	6	6	6	9	9	9	15	15	15	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28
ES12 - Female	3	3	3	6	6	6	9	9	9	15	15	15	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28

Practitioner Note:

How to Take Infoceuticals:

Use the dropper to put the number of drops (indicated by your practitioner in the chart above) into water and drink. Different Infoceuticals can be taken separately or mixed in one glass, as directed by your practitioner. They can also be taken directly on the tongue, provided you do not touch the dropper to your tongue. Your drop count will be less precise in this way (this is fine) and the drops will have a saltier taste. Infoceuticals can be taken with or without food. They are often taken in the morning or by early afternoon, though “Night” and “Sleep” should be taken any time after sunset or before you sleep. Your practitioner may also advise you to take others prior to sleeping.

For Strong Responses:

People’s bodies seek to correct themselves in different ways. Some people have stronger responses than others to corrective information, and most are encouraged by the change they see. But if the process ever feels too fast or strong, you can reduce the number of drops you are taking and begin taking the Infoceutical called ESR to help smooth out this response. Please check with your practitioner for guidance on this.

Infoceutical Ingredients:

Purified water; Himalayan Sea Salt (1%); Potassium Chloride (1.5%); Magnesium Chloride (1%); Potassium Sorbate (0.2%); Citric Acid (0.1%).

What are Infoceuticals?

In physics, information guides the body’s energy, affecting our health. So if information in the body is distorted or blocked, this can be the root cause of health problems. By introducing corrective information to the body, we can help restore the body’s movement of energy and the body’s ability to heal and maintain itself. Infoceuticals provide this corrective information through the properties of structured water.

WHAT ARE THE INFOCEUTICALS IN THIS PROTOCOL?

- **NIGHT** Our circadian rhythms are meant to align with the natural day-night cycles of nature, supporting all the functions that are meant to happen at specific times of the day or night. The Night Infoceutical helps us to align with the nighttime portion of this cycle.
- **ED5: CIRCULATION DRIVER** Energetic Drivers support the strength of various fields in the body. Circulation Driver bioenergetically supports the overall circulation and quality of the blood. This includes support for the blood vessels and nerves that affect circulation.
- **ES5: AUTOIMMUNE** Energetic Stars are unique formulas that target specific and deep work in the body-field. This Star bioenergetically supports those with autoimmune disorders, which can have a wide impact on the body, particularly in the joints. It may offer allergy support, especially when used with ED14 Spleen Driver if both have high priority readings.
- **ES7: MUSCLES / ENZYMES** Energetic Stars are unique formulas that target specific and deep work in the body-field. This Star bioenergetically supports striated muscles, fascia, and triglycerides. Also linked to enzyme production and use and stem cell activity. May support those with mental deterioration or any rapid onset of aging.
- **ES12: FEMALE ENERGY** Energetic Stars are unique formulas that target specific and deep work in the body-field. This Star bioenergetically supports the female endocrine system as well as emotional issues associated with being female. Supports female charisma, confidence, and well-being.

MIHEALTH FUNCTIONS																												
ER7 - Sciatic Nerve	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
ER19 - Thoracic Spine	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
ER22 - Rectum	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
ER32 - Hypothalamus	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
MR3 - Restore Mtrx	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
MR4 - Microtubule	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2

ENERGY SOURCE

Diet	Hydration	Movement
Oxygenation	Day	Night
Big Fields (BFA)	Polarity	

BFA SUB RESULTS

Grounding	Magnetic	Equatorial
Vertical		

ENERGY SOURCE

For good health and optimum performance, your body needs an abundance of free-flowing energy. Energy sources from the environment can power up your body like a battery for a supercharged state of health that can transform your life. With these tools, you can double or even triple your energy. With enough energy, the possibilities become limitless.

Night

- Repair mechanisms of proteins, especially in the cell protoplasm; also in collagen fibers and the cell membrane's hydrophilic layers.
- Charge separation of water through the information of 3000 nm infrared radiation, providing the electrons needed for protein and cell membrane repair.
- Vagus nerve and parasympathetic nervous system.
- Contains info of EI6 for links to pineal gland, melatonin, and DHEA (linked to sleep).
- Primary Bioenergetic Matches: Indicates a need for better sleep and improved tissue repair. May also indicate the ability to burn fat at night is compromised.

Movement

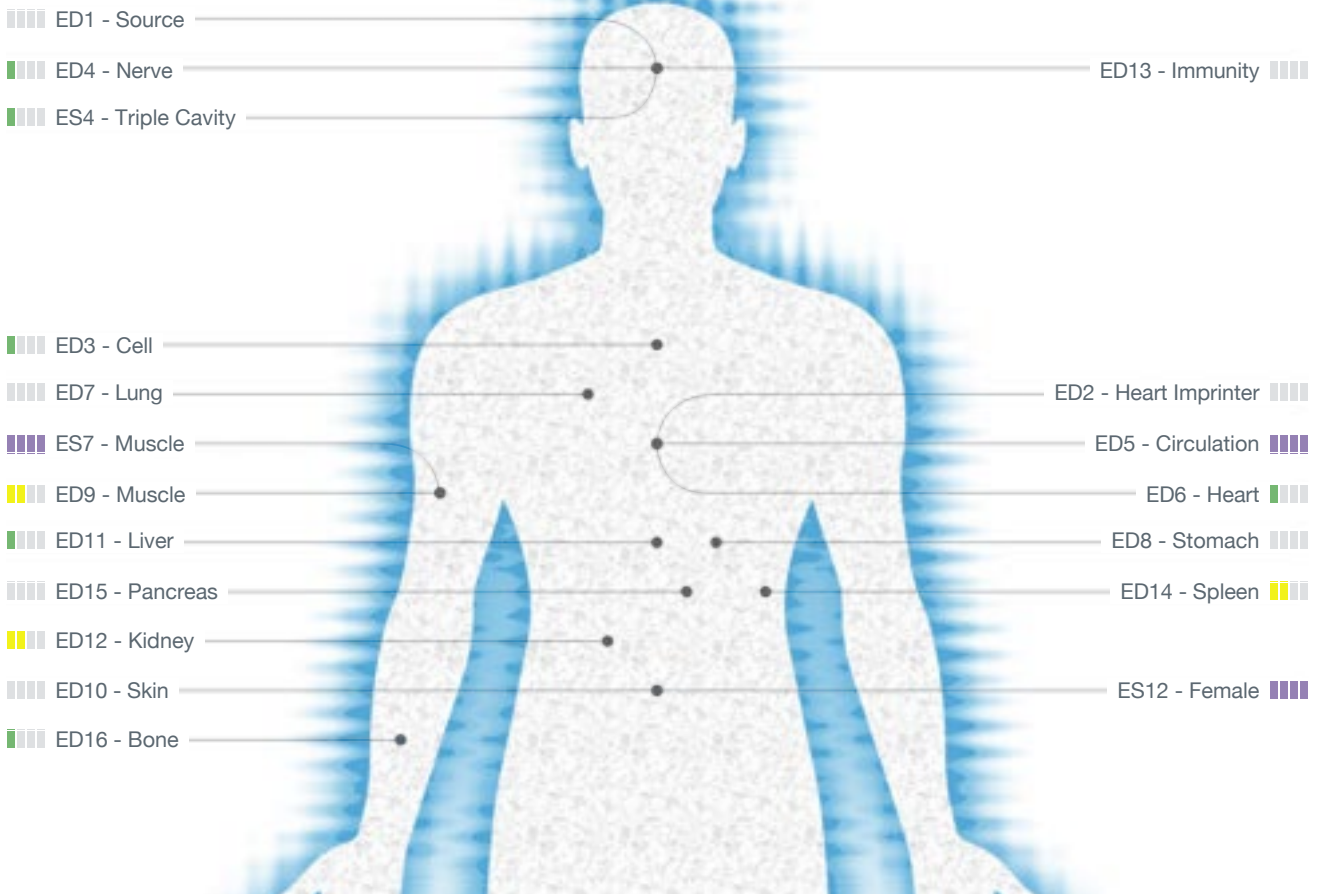
- Look for ways to move / exercise in a balanced way as to quality, quantity, and variety of activities.
- Look for balance or calm in regards to moving excessively, both mentally (racing thoughts) and physically (inability to sit still / at peace).
- Do you make decisions or take actions either too quickly or too slowly and need to address this?
- Do you need to release judgment of others on these topics?

ENERGY STRENGTH

ED1 - Source ■■■■	ED2 - Heart Imprinter ■■■■	ED3 - Cell ■■■■
ED4 - Nerve ■■■■	ED5 - Circulation ■■■■	ED6 - Heart ■■■■
ED7 - Lung ■■■■	ED8 - Stomach ■■■■	ED9 - Muscle ■■■■
ED10 - Skin ■■■■	ED11 - Liver ■■■■	ED12 - Kidney ■■■■
ED13 - Immunity ■■■■	ED14 - Spleen ■■■■	ED15 - Pancreas ■■■■
ED16 - Bone ■■■■		

ENERGY STARS

ES4 - Triple Cavity ■■■■	ES7 - Muscle ■■■■	ES12 - Female ■■■■
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ENERGY STRENGTH

(The Energetic Drivers)

Here we are looking at how well energy is being driven through the major organ and system networks in your body. One important concept to understand is how structure influences energy. In nature we know that cavities (empty spaces surrounded by a solid structure) collect, store, amplify and tune energy. Think of how the shape of a musical instrument influences the sound it makes. The human body is full of cavities, from the major cavities of the head, chest and abdomen, to the lungs and the chambers of the heart, to the tubules in organs like the kidneys, down to the cells themselves and down further still into the microtubule structures within the cells. It is important to consider structure, therefore, when we are thinking about energy. All the activity in the body, such as all its chemical reactions, nerve impulses, the generation of heat, or of sound, and the physical movement and flow in the tissues, also generates energy. So we are considering too how well organs and systems are functioning in relation to energy. Finally, the energy of each organ or system has a particular energetic pattern and “feel” to it. We can look at the strength of our emotional and creative energies in relation to these Driver fields. There are 16 Energetic Drivers. Their development matches with stages of embryological development, with Source Driver being the first to appear and Bone Driver the last. Look at the Creative Cycle section to read about the metaphysical aspects of the Drivers.

ED5 - Circulation

- Circulation of the blood.
- Blood vessels and nerve plexuses that affect circulation.
- Quality of the blood; Driver cleanses the blood.

ES7 - Muscle

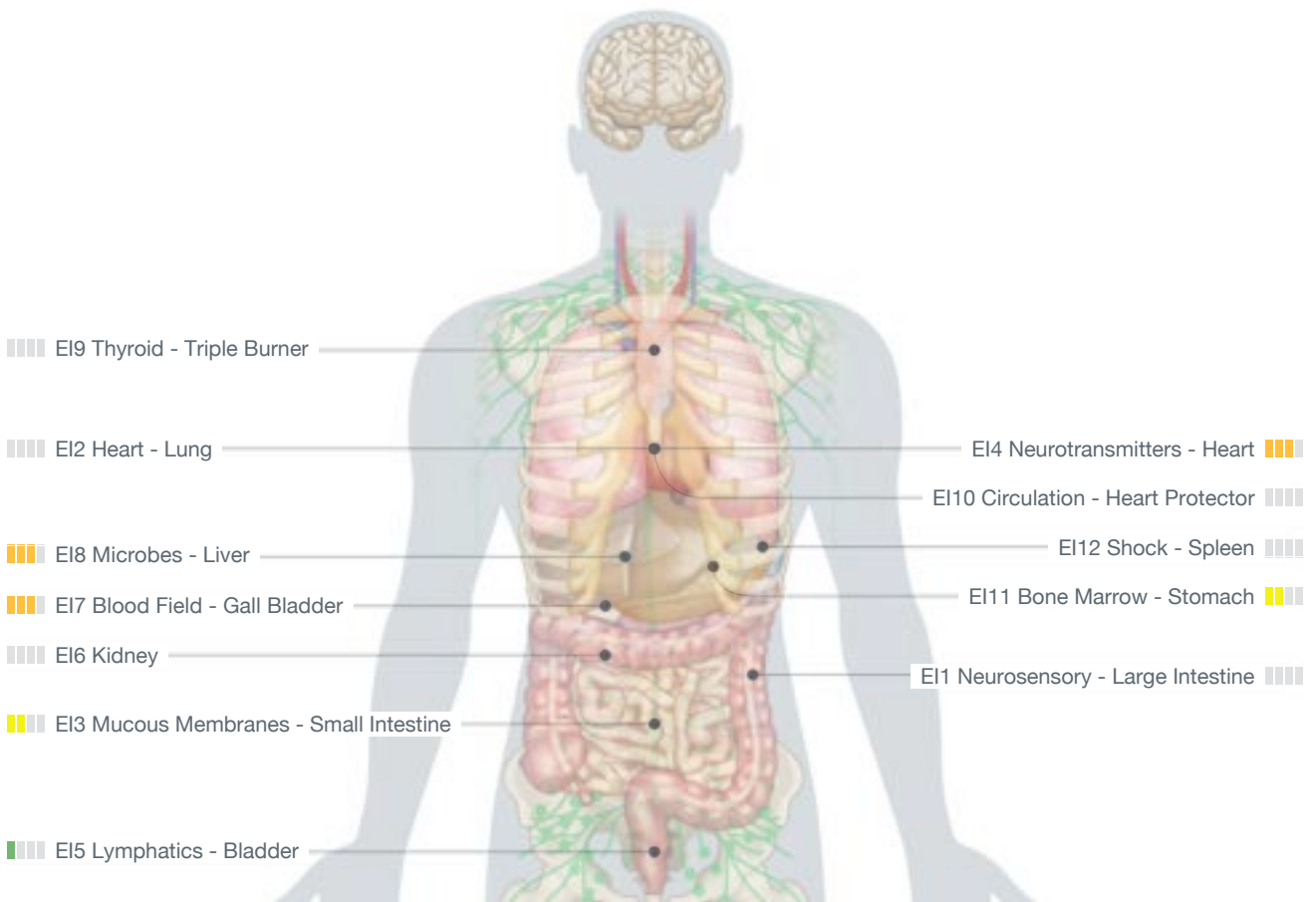
- Striated muscles, fascia, and triglycerides. Designed to support tissue repair.
- May help to unblock shocks and traumas stored in the muscles, supporting muscle metabolism and excretion.
- Enzyme production and use.
- May support hormones and neurotransmitters matched to muscles, including GABA, serotonin, dopamine, norepinephrine, and melatonin.
- May be related to mental deterioration or any rapid onset of aging.
- Designed to bioenergetically stimulate stem cell activity.

ES12 - Female

- Communication link between the female endocrine glands and Source Driver, helping to energize them, stimulate circulation to them, and support their detoxification.
- May assist with sexual fears or frigidity, fear of people, or a lack of confidence. May support being in the mood for sexual relations, but does not affect the physical aspects of this.
- May have a regulating effect, at the bioenergetic level, on menstrual cycles, but is not intended as a correction for irregularity or dysfunction.

ENERGY FLOW

E11 Neurosensory - Large Intestine	E12 Heart - Lung	E13 Mucous Membranes - Small Intestine
E14 Neurotransmitters - Heart	E15 Lymphatics - Bladder	E16 Kidney
E17 Blood Field - Gall Bladder	E18 Microbes - Liver	E19 Thyroid - Triple Burner
E10 Circulation - Heart Protector	E11 Bone Marrow - Stomach	E12 Shock - Spleen



ENERGY FLOW

(The Energetic Integrators)

Whereas with the Drivers we are looking at how well energy is being driven through the organs and systems in your body, with the Integrators we are looking at how well information is flowing. This is the job of the 12 Energetic Integrators. Together they form a comprehensive communication network that directs the flow of energy and information around the body (instantaneously) ensuring that every bit of the body knows what it's doing and that information arrives in the right place at the right time.

The Integrators match with the twelve main meridians in Traditional Chinese Medicine, the energy channels that follow specific routes through the body, linking up various tissues, organs, structures and systems. Their range of influence is much broader than that of the meridian channels, however, due to the Integrator network being non-local and entangled. Entanglement is similar to the principle of resonance or what we call "matching" and simply means that certain particles in your body can communicate more efficiently with each other than others. With the Integrators we can both detect and correct broad highways of communication in the body all at once.

The Energetic Integrators are the heart of the NES System. They regulate many things, including the rhythm of energy flow and activity in organs and systems. Their range of influence extends from individual elements, up to the cells, tissues and organs, and then to particular functions and, more complex still, up to the vibrational signatures of emotions and consciousness. If energy and information is flowing well, we have good health. If an Integrator is not fully functioning, then information will not flow as well as it should, messages get scrambled, the body lacks clarity, or needs to find a less efficient route to pass on information. When communication is blocked or distorted it ultimately results in health symptoms and disease.

An Integrator may become distorted or blocked for any number of reasons including a physical condition, an injury, an infection, a predominant negative emotion or belief, shock, stress, a toxin or interference from electromagnetic fields. This can disturb the flow of information within an Integrator and also affect how well information is passed on to the next Integrator in sequence. In this way it is often necessary to correct and re-correct information flow as you continue to go deeper into clearing your issues and achieving your health goals.

You can see the detail within each of the Integrator files but bear in mind that we don't necessarily need to hone in on the priorities within. Nor may we know whether an issue is a physical or an emotional one, or, most commonly, a bit of both. We can, however, help the body to correct information flow and so help everything within to come into better balance. Consider also that it is often in the space between, where the shift happens from one Integrator to the next, that information can become scrambled or stuck. It's possible that here is where we find consciousness and fundamental beliefs about ourselves and how we view our condition. And it's possible too that this is where the Integrator Infoceuticals can have their biggest influence, by first changing fundamental attitudes and negative beliefs that are blocks to health, healing and manifestation.

E14 Neurotransmitters - Heart

- Heart meridian; hemoglobin and blood plasma.
- Neurotransmitters & midbrain; nerve cell nucleus.
- Bronchioles and alveoli.
- Uterus, cervix, and ovaries.
- Audio acuity; learning.
- Emotions: enthusiasm, faith, willpower, flexibility/rigidity, depression, loneliness, love, forgiveness.




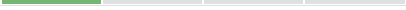
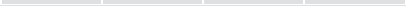

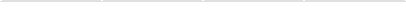

E17 Blood Field - Gall Bladder

- Blood cell production; hemoglobin.
- Blood pressure regulation.
- Immune activation, T and NK cells.
- Upper digestive tract and gallbladder function.
- Motor cortex and grey matter function.
- Emotions: decisiveness, honesty, loyalty, emotional blocks, anger, wrath, bitterness.

E18 Microbes - Liver

- Microbial infection.
 - General liver function and nerves to lobes of liver.
 - Vision; eye conditions.
 - Plays a major role in addressing exposure to EMFs.
 - Adrenaline and estrogen, among other hormones.
 - Emotions: compassion, arrogance, tolerance, calmness, elation; this compartment influences calmness and tolerance, or a lack of these qualities.
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MIND BODY - LOOK WITHIN

MB1 - BSH (Brain Stem Hologram) 	MB2 - CMH (Cerebral Medulla Hologram) 	MB3 - CBH (Cerebellum Hologram) 
MB4 - CCH (Cerebral Cortex Hologram) 	MB5 - ESR 	MB6 - Liberator 
MB7 - Peace 	MB8 - Love 	

ENERGY STARS

ES8 - Chill


MIND BODY

The mind is the part of us that represents awareness and has two fundamental aspects:

1. The part we rely on in our day to day activities and associated with thoughts, intellect, reasoning, beliefs, values, memories, conditional emotions. This is the dominant part in most people and conditions how we act and behave.
2. The second aspect only reveals itself when the conditional mind is quiet. This part is associated with intuition, will, creativity, collective consciousness, being in the 'now', unconditional emotions, inner guidance, spiritual connection. This is the unconditional, trusting part of the mind that accepts us for who we are and provides the inner nourishment of love.

According to NES theory the mind resides in the fluid matrix aspect of the Human Body-Field. The fluid matrix is a superconductive, interconnecting matrix that is formed from connective tissues of the body.

MB8 - Love

Promotes feelings of unity and unconditional love for oneself and others. Supports personal transformation and helps to clear the crown chakra.

MB2 - CMH (Cerebral Medulla Hologram)

Relates to the inner, transitional layers of the brain and is linked energetically to mesodermal tissues with which the cerebral medulla developed. It relates to shock and conflict around the theme of self-devaluation.

MB4 - CCH (Cerebral Cortex Hologram)

Relates to the outer layer of the brain and is linked energetically to ectodermal tissues with which the cerebral cortex developed. It relates to shock and conflict around the themes of territory and separation.